

## **Belfast City Council**

**Report to:** Parks and Leisure Committee

Subject: Winter Warmer Events

**Date:** 14 August 2014

Reporting Officer: Andrew Hassard, Director of Parks and Leisure, ext 3400

**Contact Officer:** Katrina Morgan, Leisure Operations Manager, ext 3410

### 1. Relevant Background Information

In 2012, Belfast City Council All Party Reference Group on Older People provided the initial leadership to explore Belfast becoming an Age-friendly City. Subsequently, in May 2012, the Lord Mayor signed a declaration committing Belfast to this process.

Many of the key voluntary, community and public organisations providing services for older people are members of Belfast Strategic Partnership (BSP). This partnership identified healthy ageing as a priority within its Framework for Action to reduce life inequalities in Belfast. It was therefore agreed that BSP should lead the age-friendly process supported by the existing Healthy Ageing Strategic Partnership (HASP).

This will be the third year that Belfast City Council has worked with key agencies including, the Public Health Agency, age sector organisations and the Good Morning schemes in hosting and resourcing winter warmth events for older people across Belfast. These events have been very successful in coordinating information and exhibitors and in engaging older people. The overall purpose is to provide older people with key information in order for them to prepare and keep safe in winter.

#### 2. Key issues/events

Four events are again planned for October and November 2014, from 9am to 2pm and these are being co-ordinated by the Councils' Healthy Ageing Co-ordination group in conjunction with the Leisure Participation unit. Three leisure centres will be used to host the events, Andersonstown, Avoniel and Ballysillan as well as the Lower Ormeau Residents Association Group Centre (LORAG).

The leisure centres are ideal venues as they are accessible and can easily accommodate the exhibitors and the various information sessions. The winter warmer events are also used to promote the leisure centre activity programmes and facilities.

The Leisure GP Referral and Cardiac Coaches will also participate in each event by doing health checks and providing information on the various Health referral programmes as well as coaching light chair aerobics and circuits sessions.

## 3. Resource Implications

**Human Resources** 

None

Financial

Potential lost income due to free hosting of events are approx £400 per site

Asset and Other Implications

Main hall and committee rooms will be unavailable for other bookings during these events.

# 4. Equality and Good Relations Implications

There are no equality and good relations implications from this proposal.

### 5. Recommendations

It is recommended that members approve the free use of the Andersonstown, Ballysillan and the Indoor Tennis Centre for these one day events.

## 6. Decision Tracking

Katrina Morgan, Leisure Operations Manager.

## 7. Key to Abbreviations

Belfast Strategic Partnership (BSP)

Healthy Ageing Strategic Partnership (HASP).

Lower Ormeau Residents Association Group Centre (LORAG).

### 8. Documents Attached

None.